

What can I expect at a class?

We mostly watch videos, and there is also a workbook used for reading and exercises. Sometimes there is optional discussion. It is NOT a lecture style of class; the authors use storytelling and real-life examples to make their points. It's actually pretty entertaining!

Am I going to feel guilty about my parenting choices? Not at all! Love and Logic sees their program as a menu. You might choose to use some of it, all of it, or none of it. Make it work for you!

Do I have to share my parenting experiences? Nope...some people do, some people don't. It's up to you!

What if I can't commit to the whole class?
That's ok! We know families have busy schedules. Come when you can.

I took a class a long time ago...may I take it again?
You bet! People need refreshers, and the challenges parents face
are constantly changing. Also, ongoing support encourages success.

Do I have to register?

Registration is required for the Evening Class, so we can be prepared with food and childcare providers. Registration is NOT required for the Meet and Eat Class, unless you need childcare.

What if I go to one class and decide it's not for me? You may "drop" the class at anytime.

Is this just for parents of young children?

No, it's for parents with children of all ages. These techniques may even work on your spouse or co-worker.;)

Do I have to attend with my child or spouse? No, we welcome singles, couples and families.